



PREPARATIONS FOR ALL PATIENTS

You **MUST** bring the following to your exam:

- Valid picture ID and Insurance Card
- Referring provider's order
- **Prior images/films & reports from previous exams of the same region/body part are required!**

Most exams cannot be performed if you are currently pregnant. If you may be pregnant, please inform your technologist or patient care specialist.

Co-payment will be required at time of service.

MRI

TABLE WEIGHT LIMIT: 350lbs

Please wear loose clothing such as sweatpants. Refrain from wearing clothing with excessive metals. **For your safety, please inform us if you have any of the following:**

- Heart pacemaker
- Pregnancy
- Stents
- Shunts (please provide ID card with specifics of shunt used)
- Metal Fragments (bullets, sheet-metal worker, etc.)
- Artificial cardiac valves (please provide ID card with specifics of valve replaced)
- Bone, joint replacement, spinal rods or metal plates
- Brain aneurysm clips (please provide ID card with specifics of surgical clips)
- Any other previous surgery
- Neuro-stimulators
- Inner ear implants
- Intrauterine devices/Stimulators

Patients having MRCP, MRI Abdomen are asked to refrain from eating 4 hours prior to your exam. **Plenty of fluids are recommended** before your exam.

For all other MRI studies, you may eat and drink normally and take your medications as usual. If your exam is in the afternoon please drink plenty of fluids.

CT

TABLE WEIGHT LIMIT: 350lbs

IV CONTRAST EXAMS: Please do not eat 4 hrs immediately prior to your exam. Drink 32 oz. of water the evening prior and 32 oz. of water the morning of your exam. **Please inform us if you have any allergies, especially if you are allergic to iodine or shellfish.**

NON-IV CONTRAST EXAMS: For CT Abdomen or Pelvic exams, please see the Oral Contrast Preparations below. No preparations are required for all other CT exams.

ORAL CONTRAST PREPARATIONS: Please do not eat 4 hrs prior to your exam. Drink 32 oz. of water the evening prior and 32 oz. of water the morning of your exam. Oral contrast will not be required if your diagnosis is Hematuria (Blood in the urine), Kidney stones or Hydronephrosis.

Barium Oral Contrast: Drink the 1st provided bottle the evening before your exam. The 2nd bottle must be FINISHED 1 hour prior to scheduled exam time.

Gastrografin Oral Contrast: CT Abdomen patients **must arrive 1.5 hrs early.** CT Abdomen & Pelvis or CT Pelvis patients **must arrive 2 hrs early.**

All MRI & CT Studies with IV Contrast

If you are receiving IV contrast AND meet any of the qualifications below, you will be required to provide recent lab results as outlined to the right:

- a. You are over the age of 60; or
- b. You are diabetic; or
- c. You have a history of kidney disease, transplant or nephrectomy; or
- d. You are on dialysis

We will require a recent blood test containing B.U.N. and Creatinine levels. Blood test must have been performed within 30 days from the date of your scheduled exam. Patients on dialysis must be dialyzed on the same day of injections and no later than 24 hours from the time of injection. Please coordinate with your dialysis center. Dialysis appointment confirmation is requested.

X-RAY

There are no preparations required for an x-ray exam. You may eat normally and take your medications as usual. If you have had a previous exam upon the same body part/region or were diagnosed with fractures on the same site, we ask you to bring prior films and reports for comparative analysis.

X-Ray's cannot be performed if you are currently pregnant. Women who may be pregnant should always inform their technologist. X-Ray's cannot be performed if you have ingested any oral contrast within 24 hours prior to your exam.

BONE DENSITOMETRY

TABLE WEIGHT LIMIT: 375lbs

Please refrain from taking calcium supplements for at least 24 hours beforehand. Please wear clothing with no buttons or zippers located in the lower back. Patients will be required to change into a gown that will be provided to you if your clothing will affect the image. Sweat pants or clothing with zippers on the sides are highly recommended.

MAMMOGRAPHY

Please inform your scheduler of any family or personal history of breast cancer, prior surgeries, biopsies, implants or hormone use. **We require that you bring prior films/CD AND reports from previous mammograms or other breast procedures (biopsy, MRI, Ultrasound, etc).** Women who may be pregnant or breastfeeding should always inform their technologist. You are advised not to wear lotion, deodorant, perfume or powder under your arms or on your breasts.

ULTRASOUND

TABLE WEIGHT LIMIT: 350lbs (Up to 500lbs available at West Covina only)

Abdomen/Liver/ Renal Doppler/ Gallbladder/RUQ	Nothing by mouth 8 hrs prior to your exam. Diabetics may have limited crackers and take their medications with limited water.
All Pelvic/Bladder/ Exams/ Obstetrical 1-7 mo	You are required to drink 32 oz. of water 1 hour prior to your exam. DO NOT urinate prior to the completion of exam.
Obstetrical 8-9 mo	You are required to drink 16 oz. of water 1 hour prior to your exam. DO NOT urinate prior to the completion of exam.
Prostate	You are required to drink 16-24 oz. of water 1 hour prior to your exam. DO NOT urinate prior to the completion of exam.
Kidney/Renal	You are required to drink 8-16 oz. of water 1 hour prior to your exam. DO NOT urinate prior to the completion of exam.
Breast Ultrasound 30 years or older	You are recommended to have a mammogram with or before your ultrasound procedure. You are required to bring your previous breast radiology films and reports.
Breast Ultrasound 29 years or younger	No preparation required. Prescription or referring provider's notes must indicate the specific exam location and purpose of the study.
The following examinations do not require any preparations: Carotids, Arterial, Venous, ABI, Testicular, Reflux, Infant hips, Soft tissue & Thyroid exams.	