



FULL-SERVICE, ALL DIGITAL IMAGING CENTER

**Patient Considerations for Nuclear Medicine**

**Before the Exam**

Type	Preparations
<b>Bone Scan Whole Body/3-Phase Multiple Areas/Limited</b>	No preparation. You will be injected with radioactive isotope (20min) may leave facility and return 2-3 hours post injection and return for scan. Scan takes approximately 30-60 minutes.
<b>Gallium Scan</b>	NPO (Nothing by Mouth) after midnight. You will be injected with radioactive isotope 48 hours prior to scan. (15 min) You will be asked to return 48 hours post-injection for scanning. (60 min)
<b>Hepatobilliary/HIDA Scan</b>	NPO (Nothing by Mouth) 6 hours prior to exam. (60 min.) You may drink water.
<b>PET/CT</b>	NPO (Nothing by Mouth) 6 hours prior to exam. You may drink water. Last meal just prior to the exam must be rich in protein and contain <b>NO carbohydrates. NO sugar</b> for 24 hours prior.
<b>Liver/Renal/Muga Scan</b>	No preparation You will be injected and scanned in one session. (60 min.)
<b>Meckel's Study</b>	No preparation (60 min.)
<b>Thyroid Scan</b>	You must be OFF thyroid medication for <b>7-10 days</b> prior to exam. You are NOT allowed to eat seafood 48 hours prior. This procedure is NOT recommended if you have had a contrast exam (IVP/CT/etc/) within the last 4 weeks.
<b>Thallium/Stress Test/ Myocardial Perfusion</b>	NPO (Nothing by Mouth) 6 hours before exam. You may drink water. No caffeine for 24 hours prior. You are asked to return 2-3 hours following the initial appointment for the "Rest" portion of the scan. NPO (Nothing by Mouth) between scans.
<b>Testicular Scan</b>	No preparation (30min.)
<b>I-131 Scan</b>	You must be OFF thyroid medication for <b>3 weeks</b> prior to exam. You will be given an ORAL Radiation prescription for treatment of Graves Disease.

You are NOT allowed to take Beta Blockers (medications that lowers your heart rate and control hypertension or high blood pressure) for **24 hours** prior to the exam.

You are NOT allowed to consume caffeine for 24 hours prior to the test. This includes decaffeinated coffee, tea, cocoa (chocolate), soft drinks, etc.



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**During the Exam**

During the day of the exam, you are advised not to wear lotion. You may be asked to wear a gown that will be provided for you. The length of the procedure varies on the type of scan you are undertaking.

**After the Exam**

You may leave immediately and return to your normal activities after the exam. It is advised to have a friend or family member join you for to your scheduled appointment to transport you to/from our facility if necessary.