



FULL-SERVICE, ALL DIGITAL IMAGING NETWORK

**Patient Considerations for Ultrasound**

**Before the Exam**

You are requested to follow certain preparation guidelines prior to your exam to guarantee that the test will generate the best results. If you have had previous exam upon the same body part/region, we ask you to bring prior films and/or reports for comparative analysis.

Exam Type	Preparations
<b>Abdomen</b>	NPO (Nothing by Mouth) 8 hours prior to your exam. Diabetic's may have limited crackers and take their medications with limited water.
<b>Pelvic</b>	You are required to drink <b>6-7 cups of water 1 hour prior</b> to your exam. <b>DO NOT</b> urinate prior to completion of exam.
<b>Pelvic transabdominal or transvaginal</b>	You are required to drink <b>6-7 cups of water 1 hour prior</b> to your exam. <b>DO NOT</b> urinate prior to completion of exam.
<b>Obstetrical 1-7 months</b>	You are required to drink <b>6-7 cups of water 1 hour prior</b> to your exam. <b>DO NOT</b> urinate prior to completion of exam.
<b>Obstetrical 8-9 months</b>	You are required to drink <b>2-3 cups of water 1 hour prior</b> to your exam. <b>DO NOT</b> urinate prior to completion of exam.
<b>Liver</b>	No preparations are required for this exam.
<b>Gallbladder</b>	NPO (Nothing by mouth) 8 hours prior to your exam. Diabetic's may have limited crackers and take their medications with limited water.
<b>Prostate</b>	You are required to drink <b>2-3 cups of water 1 hour prior</b> to your exam. <b>DO NOT</b> urinate prior to completion of exam.
<b>Kidney/Renal</b>	No preparations are required for this exam.
<b>Breast Ultrasound 30 years old or older</b>	You are recommended to have a mammogram with or before your ultrasound procedure. You are <u>required</u> to bring your previous breast radiology films or reports.
<b>Breast Ultrasound 29 years old or younger</b>	You are only allowed to have procedure done if the prescription or physician's notes state the exact location and purpose of scan.
<b>Thyroid</b>	No preparations are required for this exam.
<b>Carotids, Arterial &amp; Venous Exam</b>	No preparations are required for this exam.
<b>Bladder</b>	You are required to drink <b>6-7 cups of water 1 hour prior</b> to your exam. <b>DO NOT</b> urinate prior to completion of exam.

**During the Exam**

The exam is completely painless. You may be asked to wear a gown that will be provided for you. Pressure may be applied during the exam to ensure accurate imaging. The length it takes for the procedure depends on the type of ultrasound exam you are undergoing. Exam duration usually ranges from **15-60 minutes**.

**After the Exam**

You may leave immediately and return to your normal activities after the exam.

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